



Club Administrators Checklist 2018

1. General

All players must be self-registered in RugbyLink prior to taking the field. This is non-negotiable.

Clubs are to appoint a match results recorder to record each match in the ARU Rugby Link competition system.

Clubs are to advise the name of the nominated match results recorder (and a backup recorder in case of illness absence etc) and contact details (phone + email) to Wayne McMahon at cnrugbyrecorder@hotmail.com.

All Referees and Assistant Referees are to be totally respected. Any abuse will be dealt with by the Judiciary and Respect Rugby Policy

All coaches must be a minimum Smart Rugby accredited. Failure to comply may result in loss of competition points

No junior player (player under 18) is allowed to play senior football, including U19, unless the relevant ARU paperwork is completed and signed off by the zone recorder Wayne McMahon. NB Players wishing to play senior football (excluding front row) and who will be turning 18 in 2018 only require parental consent under ARU revised guidelines. Refer to the non-front row senior rugby form [here](#).

No player aged 16 is allowed to play Senior Men's Rugby in CNRU with the exception where a player aged 16 is turning 17 in the current season in which case the player may be assessed as suitable to play senior men's rugby subject to completion of the relevant ARU paperwork which can be found [here](#).

Appointed referees for each week will be posted on the [CNRU website here](#)

2. Match Sheets

2017 Match Sheet has been amended to include Serious Injury Reporting in lieu of the unused uncontested scrums box.

The match sheet is located here: Home teams should have spare blank copies at the table in case sheets get lost.

2018 [CNRU Match Sheet link](#)

An example of how to complete a match sheet is located here:

[2018 Match sheet example](#)

3. Overseas Players

All overseas players need to receive international clearance before they take the field. Applications for clearance received by the ARU for players wishing to play in CNRU will be forwarded to clubs via Stephen O'Brien to CNRU. In the event of any delays in paper work at State level, Clubs must confirm that the international clearance has been received by the ARU before an international player takes the field.

4. Judiciary – WARNING

In 2018 the judiciary will follow the [Rugby Australia Disciplinary Rules and Sanctions](#)

5. Game Day Times

Grade	Kick off	Duration	Injuries
1 st Grade	3.15pm	40 minutes halves	Injury time
Reserve Grade	1.45pm	35 minutes halves	No injury time
Under 19's	12.30pm	35 minutes halves	No injury time
Women's 7's	See note 6	7 minute halves	No Injury time

Should clubs wish to amend the starting times, it must be done with the agreement of both clubs and notified to the Zone Secretary and referees at least 2 weeks prior to the game.

6. Women's 7's

Women's 7s will play 2 games each match day with matches to be scheduled before and after reserve grade. Reserve grade will need to start 20 minutes earlier and U19s 40 minutes earlier when women's 7s are scheduled. Times can be altered by mutual agreement between both clubs. Any change of time should be agreed on the Thursday before match day to provide sufficient notice to players and officials.

All 7's games will be played for full points including bonus points, with match losers being awarded 1 point. A maximum of 7 subs are allowed. Teams with large numbers of subs should be encouraged to lend players. There is no time out during play. Full time is on the bell except where the runner is about to score a try.

7. Game Day General

Clubs are to pay CTA referee appointments on the day of the game.

Appointed referee costs will be invoiced by the zone to all clubs.

All clubs:

The Respect Rugby Document must be followed and applied - refer CNRU website to download documents

A qualified first aid person must be in attendance and a stretcher readily accessible.

An identifiable Ground Marshall must be in attendance.

Reserves can only enter the field of play after reporting to the assistant referee and Referee signals permission.

Reserves are only to be entered on the match results sheets if & when they take the field.

Reserve Grade & Juniors are allowed 12 rolling substitutions.

First Grade are allowed 8 rolling substitutions.

Home teams need to provide both a home and away set of 12 substitution cards. Visiting sides can choose to provide their own substitution cards if they choose to do so.

Sufficient numbers of [red](#) and [yellow](#) card forms and [concussion referral forms](#) and [serious injury forms](#) should be available at the scorer's desk at the start of play.

It is recommended that both the home team and the visiting team have a person on the score desk.

Visiting and Home Team sheets need to be at the scorer's desk 20 minutes before a game commences with the starting players names (no nick names) and jersey legibly written on the sheet.

All sections of the team sheet must be completed including score tallies by player and by team.

Red and yellow cards should be completed with player details and time of dismissal as far as possible at the time the player is sent from the field with the referee to complete at the end of the game.

1st grade referees must complete the CNRU best and fairest points before they leave the ground.

The Home team is to Phone or SMS the match results to the Zone Recorder (Wayne McMahon – 0428667421) by 5.30pm of game day with the results including the number of tries scored, penalty tries awarded, conversions, penalty goals and field goals scored by each team.

8. After Game Day

The Match Results must be entered into the Rugby Link system by 5.00 pm of the following Tuesday of the match

All information can be found on the Central North Website – www.cnrु.com.au

Information regarding the running of the competition can mainly be found under [Resources/CNRU Competition Rules or Resources/Player Registrations and Transfers](#)
[Ladders can be viewed under Competitions/Match Results & Ladders](#)

9. Club Contacts

Club contacts for all other clubs are located [here](#)

10. Concussion Guidelines

Documents are available on the RA website or the [CNRU website here](#)

Suggestions from a local GP for players requesting an appointment with a GP

- An assessment can take 30 minutes, so a long appointment should be requested at the time the appointment is booked.
- Take a copy of the doctor concussion management information with you to the doctor
- Take a copy of the SCAT5 to the doctor if done elsewhere.

These may save the doctor time, save the doctor going on the Internet to find them and show to the doctor that Rugby is well-organised.

11. Serious Injury Report

A Serious Injury Report must be completed for the following match or training related injuries:

- Any head or neck injury that results in a player being treated at an emergency department, hospital or after-hours Medical Centre, OR
- Any injury that results in the admission of a player into hospital. [Note: Admission refers to player being admitted to hospital by the Hospital Registrar for ongoing treatment and/or follow-up].

To report a serious injury, please provide the information within 48 hours of time of incident.

http://www.cnru.com.au/admin/files/pages/1460883087_aru_serious_injury_report_2014.pdf

The online report must be completed and is [found here](#)

12. U19 Colts Grade

Team's numbers must be even in both Colts Grades for the entire match but not including if a player is sent from the field.

A team of at least 10 is required to start a competition, unless permission is granted by the CNRU Executive to play with less numbers for competition points.

The minimum approved requirements will be for 7 a side. Where agreement is reached between opposing clubs, teams with less than 10 players can borrow players from the opposing team to make up the 10 and still play for competition points.

Players who play for the opposing team can play this game towards qualifying for semi finals and must be marked on the team sheets.

If there are insufficiently trained front rowers to contest scrums then uncontested scrums will be allowed and sides will be able to maintain full numbers. This must be communicated prior to the match commencing to the opposition and the referee.

If a match commences with contested scrums and for whatever reason, one side needs to change to uncontested scrums, uncontested scrums must be played for the remainder of the match.

Remember the safety directions and Under 19 law surrounding numbers in scrums for junior rugby. Numbers in the scrum must be even and there are set formations in reduction in numbers.

13. Eligibility and competition rules for the Central North under 19 Colts competition for 2018

Definitions.

U19 Colts means teams of players who are turning 18 or 19 years of age between the 1st January and 31st December (inclusive) in the year of the competition;

U19 Colts senior age dispensation player means those Registered Players granted Age Dispensation who are turning 20 or 21 years of age between the 1st January and 31st December (inclusive) in the year of the competition;

Representative Player means a Registered Player who was nominated or selected to play in a Representative Game, even though they may have subsequently withdrawn due to injury or any other circumstance, in the ARU's Junior Gold, National Gold Squad, NSW Country Under 18s or 19s, or any other ARU High Performance Unit squad in the previous two (2) years.

PLAYER ELIGIBILITY FOR COMPETITIONS

1.1 To be eligible to play in the U19 Colts Competition, players must turn either 18 or 19 in the year of Competition.

Despite rule 1.1: if a club has insufficient age specific players to field a side in the U19 Colts competition they will be allowed to apply for players to be granted U19 Colts senior age dispensation ELIGIBILITY AS AN U19 COLTS SENIOR AGE DISPENSATION PLAYER

Dispensation may be granted by the Competition Manager to a Registered Player to play in the U19 Colts competition that is below that Registered Player's age as determined in accordance with this Competition Rule.

For a Registered Player to qualify as an U19 Colts senior age dispensation player, he must be turning 20 or 21 years of age between the 1st January and 31st December (inclusive) in the year of the competition.

Players who have played 1st grade in any previous season will be ineligible to participate in the U19 Colts competition as an U19 Colts senior age dispensation player.

U19 Colts senior age dispensation players, who play 1st grade in the current season, even if coming off the bench, will be ineligible to participate any further in the current season U19 Colts competition.

A Representative Player cannot apply for U19 Colts senior age dispensation. If a Registered Player has received U19 Colts senior age dispensation and subsequently becomes a Representative Player they will no longer be eligible to participate in the U19 Colts competition.

The U19 Colts senior age dispensation is valid only for the season during which it is granted.

Any Team that plays a Registered Player in contravention of this Competition Rule shall be required to show cause to the Competition Manager as to why all Matches of that Team involving the Registered Player should not be deemed to have been forfeited by the Team.

U19 COLTS SENIOR AGE DISPENSATION PLAYER PARTICIPATION

The U19 Colts senior age dispensation players must be marked accordingly to recognise their status on the Match Day team sheet.

No more than five (5) U19 Colts senior age dispensation players may be listed on a Match Day team sheet.

Of these players only three (3) may be on the playing field at any one time.

Team numbers on Match Day team sheet will be adjusted according to the total number of U19 Colts senior age dispensation players (max of 5); Five (5), team limit of twenty (20)

Four (4), team limit of twenty-one (21)

Three (3), team limit of twenty-two (22)

Two (2), team limit of twenty-three (23)

One (1), team limit of twenty-four (24)

Designed to assist clubs endeavoring to field an U19's team with some flexibility to play overage players to make up the numbers.

Should you have any further queries please contact:

Wayne McMahon

Zone Recorder

Central North Rugby Union

0428 667 421