## Sevens 7's

- The pathways for boys and girls 7s rugby is similar, with both club and school pathways available.
- CNJRU will select single gender teams in U 13, U15 and U17 to compete in the NSWJRU State Championship. However, clubs and schools may also elect to nominate their own teams.
- The U15s and U17s can be further selected in representative teams.

