

## Central North Rugby Union

All Grades			Minutes needed					Injury Time Out*
Grade	Kick - Off Time	Min to next game	1st Half	Half Time	2nd Half	Clear the field	Total Time	
U19s	11:45:00 AM	85	35	5	35	5	80	No
W7s	1:10:00 PM	20	7	2	7	2	18	No
2nds	1:30:00 PM	85	35	5	35	5	80	No
W7s	2:55:00 PM	20	7	2	7	2	18	No
1st	3:15:00 PM		40	5	40		85	Yes

No U19s			Minutes needed					Injury Time Out*
Grade	Kick - Off Time	Min to next game	1st Half	Half Time	2nd Half	Clear the field	Total Time	
W7s	1:10:00 PM	20	7	2	7	2	18	No
2nds	1:30:00 PM	85	35	5	35	5	80	No
W7s	2:55:00 PM	20	7	2	7	2	18	No
1st	3:15:00 PM	90	40	5	40		85	Yes

No W7s or U19s			Minutes needed					Injury Time Out*
Grade	Kick - Off Time	Min to next game	1st Half	Half Time	2nd Half	Clear the field	Total Time	
2nds	1:50:00 PM	85	35	5	35	5	80	No
1st	3:15:00 PM	90	40	5	40		85	Yes

No W7s			Minutes needed					Injury Time Out*
Grade	Kick - Off Time	Min to next game	1st Half	Half Time	2nd Half	Clear the field	Total Time	
U19s	12:25:00 AM	85	35	5	35	5	80	No
2nds	1:50:00 PM	85	35	5	35	5	80	No
1st	3:15:00 PM	90	40	5	40		85	Yes

\* excluding finals

April 2019